

## BREAKFAST 9AM - 11.30 EVERYDAY

ALL OUR BREAKFAST INGREDIENTS CAN BE SUBSTITUTED FOR GLUTEN FREE, EXCEPT OUR SAUSAGES & THOSE MARKED (not available GF). OUR TOAST AND SPREAD IS VEGAN, HOWEVER, OUR MUFFINS ARE NOT. VEGETARIAN=(VE) & VEGAN=(VG)

The Heath Breakfast eggs cooked to your liking on toast with two rashers of bacon, two sausages, cherry tomatoes, mushrooms, and sautéed potatoes £10.95

The Half Heath Breakfast egg cooked to your liking on toast with a rasher of bacon, sausage, cherry tomatoes, mushrooms, and sautéed potatoes £8.95

The Vegan Breakfast portobello mushroom, avocado, chilli flakes, spinach, cherry tomatoes, sun blushed tomatoes, potatoes, and harissa nuts £8.95 (VE) (VG)

Breakfast Naan naan bread topped with cream cheese, mango chutney, avocado, chilli flakes, coriander and a fried or poached egg £8.95 (VE)

Paleo Breakfast eggs cooked to your liking with smoked salmon, avocado, spinach, grilled cherry tomatoes and mushrooms £9.95 (VE)

Sweetcorn Courgette and Spring Onion Fritters topped with poached eggs and sweet chilli sauce £8.95 (VE)

Eggs Benedict poached eggs, prosciutto ham and hollandaise on toasted muffin £8.95

Eggs Royale poached eggs, smoked salmon and hollandaise on toasted muffin £8.95

Eggs Florentine poached eggs, spinach, mushrooms and hollandaise on toasted muffin £8.95 (VE)

Scrambled Eggs and Smoked Salmon on toast £8.50

The Children's Breakfast sausage, bacon, egg, beans, and toast £5.95

Eggs on Toast eggs cooked to your liking served on toast £4.95 (VE)

Knickerbocker Granola lashings of fruit, granola, and yoghurt £6.50 (VE)(VG)

Oat Porridge with fresh seasonal berries and honey £4.95 (VE) (VG)

Toast with butter and your choice of jam, marmalade, honey, or marmite £3.50 (VE)(VG)

Breakfast Bap with sausage bacon and fried egg £4.95

Bacon or Sausage Bap £3.50 add a fried egg £4.50

Mushroom Tomato and Fried Egg Bap £4 (VE)

Mushroom Tomato and Avocado Bap £4.50

EXTRAS . . .

Rasher of Bacon £1.50 | Pork Sausage £1.50 | Smoked Salmon £3 | Black Pudding £1.50 | Avocado £2.25 | Mushrooms £1 | Spinach £1 | Sautéed Potatoes £1 | Baked Beans £1 | Slice of Toast £1 | Grilled Cherry Tomatoes £1 | 1 Egg cooked to your liking £1.50

LAVAZZA COFFEE we freshly grind coffee beans for both our caffeinated and decaffeinated drinks.

Espresso £2.10 | Double Espresso £2.30 | Americano | £2.30

Latte espresso, steamed milk with a foam top £2.70

Cappuccino espresso with foamed milk £2.70

Flat White espresso and silky micro foam milk £2.70

Macchiato double espresso with a dash of foamed milk £2.50

Mocha espresso, chocolate, steamed milk and foamed milk £3.50

Babyccino simply foamed milk with dusting of cocoa £1

Iced Latte double espresso with a vanilla shot, milk and ice £3.50

ADDITIONS . . .

Diary Free Milk Alternatives | Soya | Oatley | Coconut | Almond - 50p

Coffee Syrups 25ml Shot | Hazelnut | Vanilla | Caramel | Gingerbread - 50p

## HOT CHOCOLATE

Finest Belgian Hot Chocolate Chips your choice of dark, milk or white £3.50

Aero Hot Chocolate made with steamed and foamed milk £2.50

Hot Chocolate with Cream and Marshmallows £3.50

Children's Hot Chocolate not too hot with cream and marshmallows £2

BREW TEA sit back relax and enjoy the brew

Breakfast Assam black tea and Ceylon black tea £2.20

CO2 Decaffeinated Ceylon black tea £2.60

Green Yunnan green tea £2.60

Moroccan Mint peppermint leaf, Chinese gunpowder green tea £2.60

Earl Grey Ceylon black tea, bergamot oil, orange peel, calendula petals £2.60

Chai Assam black tea, cardamom, ginger, cinnamon, cloves, black pepper £2.60

Lemon and Ginger apple, ginger, lemon verbena, hibiscus, rosehip, lemon £2.60

Fruit Punch hibiscus, rosehip, apple, blueberry, lemongrass, orange £2.60

## **JUICES**

The Heath's Freshly Squeezed Orange Juice £2.50

Cam Valley Locally Pressed Apple Juice £2.50

Big Tom Spiced Tomato Juice £2.50

Frobisher Fruit Juice Grapefruit - Pineapple - Cranberry - £2.50

## BREAKFAST COCKTAILS

Heath Mimosa mandarin vodka, freshly squeezed orange juice and prosecco £6

Bloody Heath vodka, big tom juice, lemon juice, tabasco, and Worcestershire sauce £6

Breakfast Martini dry gin, marmalade, lemon juice and sugar syrup £6