



LUNCH MENU FRIDAY, SATURDAY & SUNDAY

12PM - 4PM

ALL OUR MENU CAN BE CREATED GLUTEN FREE, EXCEPT THOSE MARKED
(not available GF). VEGETARIAN = (VE) & VEGAN = (VG).

APPETISERS & SIDES

Soup of the Day with fresh bread and butter £4.95 (VE) (VG) please ask if you require a gluten free roll

Summer Platter Parma ham, chorizo, sun blushed tomatoes, olives, and bread £6.95

Fig and Goats Cheese Tart on a bed of lettuce £6.95

Breadcrumbsed Fish Goujons with tartare sauce and a lemon £5.95

Halloumi Sticks with a tomato chutney dip £4.95

Sweet Potato Fries £3.95

Chunky Chips £3.50 Add cheese for 50p

Seasonal Side Salad £3.95 (VE) (VG)

MAIN PLATES

Fish and Chips gluten free beer battered basa fillet with chunky chips, peas, and tartare sauce £11.50 | Small Plate £7.50

Posh Heath Chilli slow cooked chunky beef in a rich chilli, tomato, pepper, dark chocolate and red kidney bean sauce served with brown rice and sour cream £12.95

Chilli Non-Carne quinoa, black beans, tomato, avocado, pepper, chilli, and fresh coriander topped with non-dairy yoghurt £11.95 (VE) (VG)

Authentic Chicken Curry served with basmati brown rice £11.95

Ham Egg and Chips Heath roasted gammon with free-range eggs and chunky chips £10.45

Pie of the Day with garden peas, gravy and your choice of mustard mash, new potatoes, or chunky chips £11.95 (not available GF)

Vegan Pie of the Day with garden peas, gravy and your choice of mustard mash, new potatoes, or chunky chips £11.95 (not available GF)

FRESH SALADS

Sweet Chilli King Prawn Salad with avocado, roasted vegetables, caramelised onion, tomatoes, cucumber, and mixed baby leaves £11.95

Chicken and Parma Ham Salad with avocado, roasted vegetables, caramelised onion, sun blushed tomatoes, cucumber, and mixed baby leaves £11.95

Heath Falafel Salad with avocado, roasted vegetables, caramelised onion, sun blushed tomatoes, cucumber, and mixed baby leaves £11.95 (VE) (VG)

Blackberry Beetroot and Goats Cheese Salad with avocado, croutons, chives and mixed baby leaves £11.95 (VE)

Avocado Roasted Broccoli and Sesame Rice Salad with red onions, coriander, a hint of chilli, mixed baby leaves, and a sesame and soy dressing £11.95 (VE) (VG)

GREAT BURGERS Our burgers are served in a light sourdough roll, please ask if you require a gluten free roll, with tomato relish, caramelised onion and fresh salad with chunky chips on the side. Upgrade to sweet potato fries for 50p.

Beef Bacon and Cheese Burger 4oz Crumps Butchers minced steak burger topped with bacon cheese and an onion ring £10.95

Lamb Kebab Burger with chilli yoghurt and gherkin £11.95

Chicken Katsu Burger with lettuce radish and spring onion £11.95

Chicken, Avocado, Bacon and Swiss Cheese Burger with roasted vegetables £11.95

Sausage Swiss Cheese and Caramelised Onion Burger £11.95 (not available GF)

Fish Finger Burger with tartare sauce, fresh cucumber, and lettuce £11.95

Portobello Mushroom Halloumi and Red Pepper Burger £11.95 (VE)

Big Boy Bhaji Burger handmade onion bhaji with mango chutney £11.95 (VE) (VG)

NACHOS

Roasted Vegetable and Cheese Nachos with jalapenos, guacamole, and sour cream £8.95 (VE)

Chilli Beef and Cheese Nachos with jalapenos, guacamole, salsa, and sour cream £9.95

CHILDREN'S MEALS All our kid's menu items are made fresh to order and no frozen or processed foods are used.

Beef Burger served in a plain roll with chips on the side £6.95 add cheese for 50p

Battered Fish and Chips with peas £6.95

Breaded Chicken Goujons with chips and peas £6.95

Sausages Chips and Heinz Baked Beans £6.95

Sausage and Mash with peas and gravy £6.95

Sun Blushed Tomato Pasta served with grated cheeses on the side £6.95

PUDDINGS

Summer Fruit Eton Mess £5.95 (VE)

Chocolate Brownie Sundae £5.95 (VE) (not available gluten free)

Sticky Toffee Pudding £5.95 (VE) (not available gluten free)